

<b>Soudabushi furikake</b>		<b>Fluffy shavings</b>	
Table of ingredient		Table of ingredient	
Crude protein	80.9% or more	Crude protein	80.9% or more
Crude fat	4.2% or more	Crude fat	4.2% or more
Crude fiber	0.5% or less	Crude fiber	0.5% or less
Crude ash	2.9% or less	Crude ash	2.9% or less
moisture	15.8% or less	moisture	15.8% or less
energy	361kcal/100 g	energy	361kcal/100 g

<b>Cookies made from Okara</b>		<b>Black berry cookies</b>	
Table of ingredient		Table of ingredient	
energy	222kcal/30 g	energy	123kcal/20 g
protein	7.1 g /30g	protein	2.4 g /20g
fat	8.2 g /30g	fat	2.6 g /20g
carbohydrates	33 g /30g	carbohydrates	21.2 g /20g

<b>Deer antlers</b>	
Table of ingredient	
Crude protein	40.5%
Crude fat	0.1 or more
Crude fiber	0.1 or less
moisture	11.4%
calcium	12.8%
magnesium	0.3%
potassium	0.1% or less
sodium	0.4%
iron	0.1% or less

<b>Smoked silver-striped round herrin</b>	
Table of ingredient	
Crude protein	75.8% or more
Crude fat	5.6% or more
Crude fiber	0.1% or less
Crude ash	6.5% or less
moisture	12.0% or less
energy	313kcal/100g

<b>Smoked bonito</b>	
Table of ingredient	
protein	35.0 g
fat	5.5 g
carbohydrates	0.0 g
sodium	120mg
energy	199kcal/100 g